

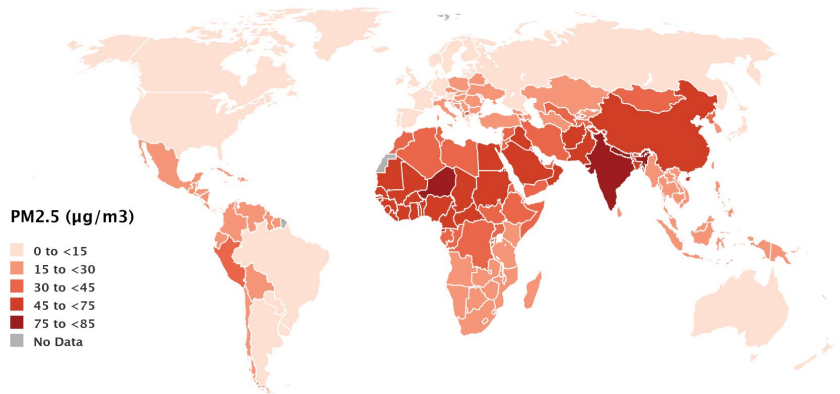
# Health Burden Relating To Exposure To Ambient Air Pollution In Vietnam: Sciences Evidence For Policy

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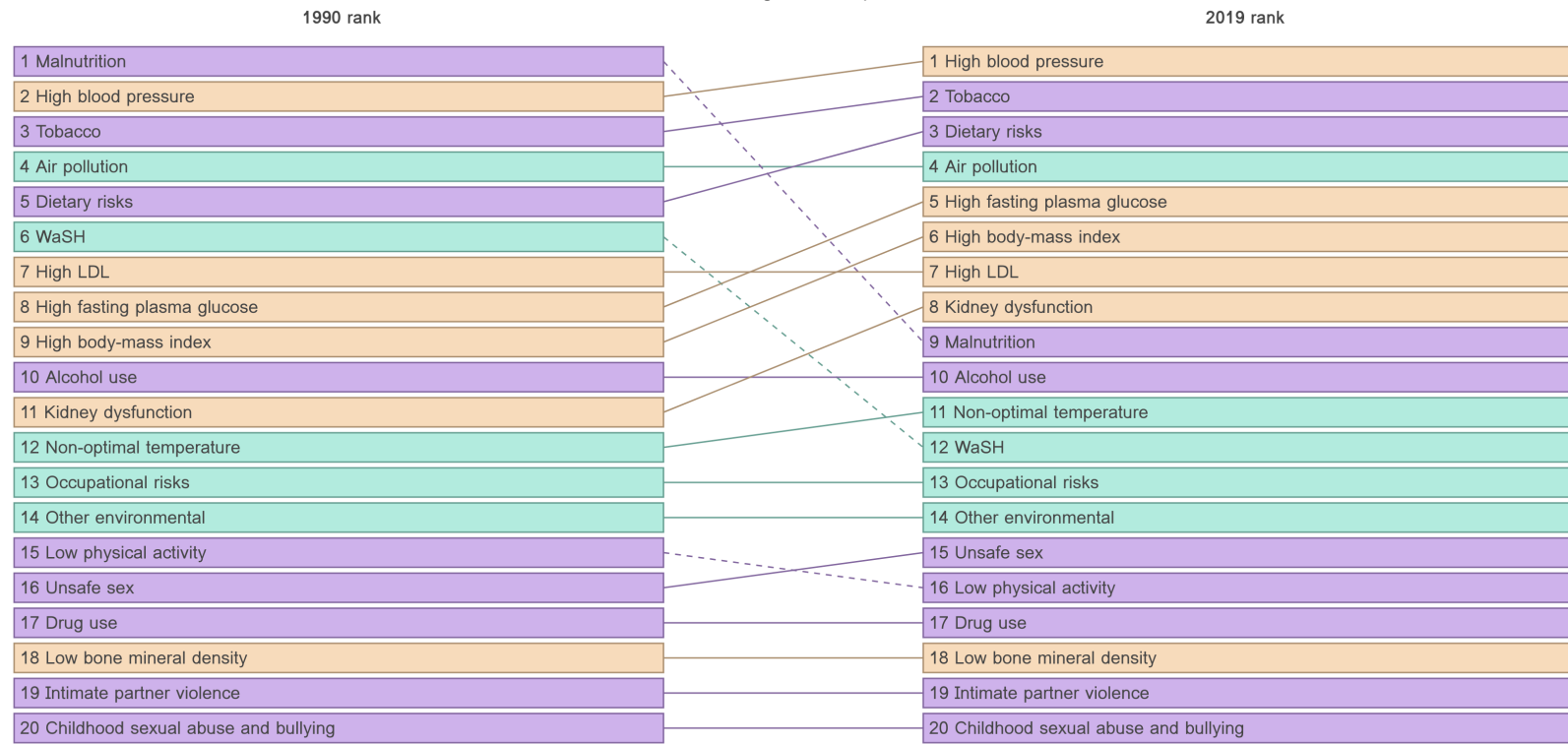
Average Annual Population-Weighted PM2.5 Concentrations in 2019



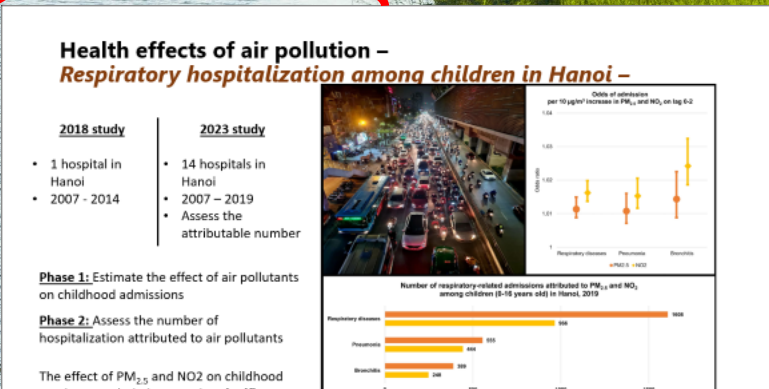
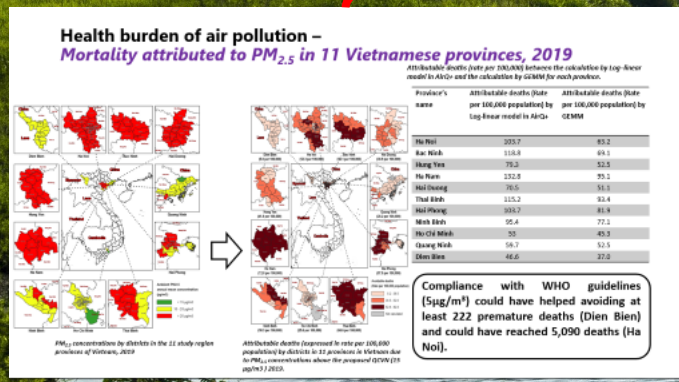
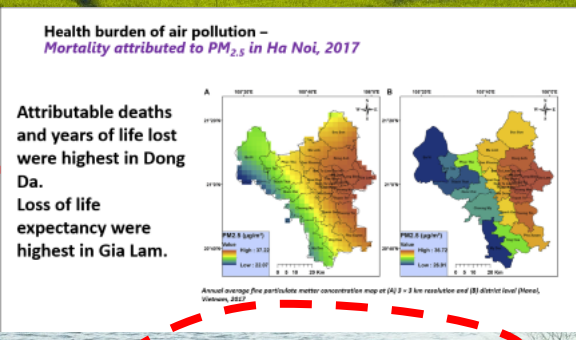
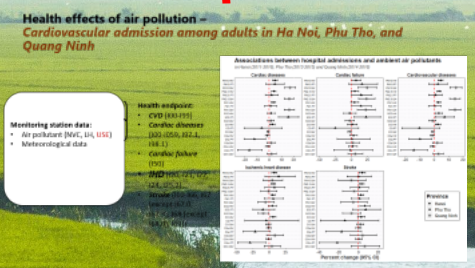
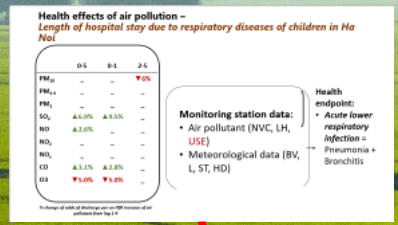
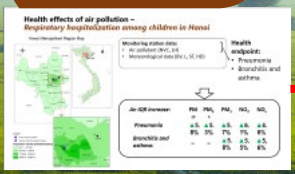
State of Global Air



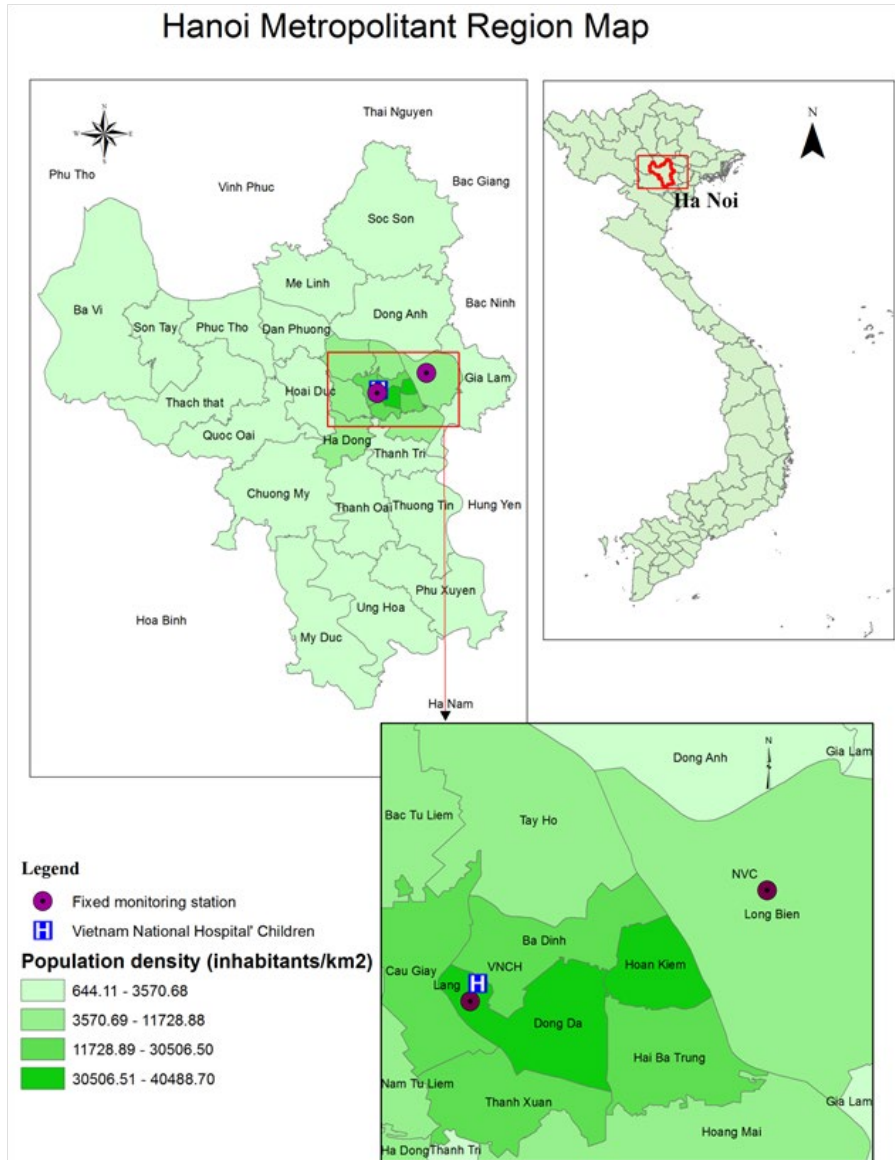
Global  
Both sexes, All ages, Deaths per 100,000



In 2019, approximately **6.67 million** deaths attributed to air pollution



# Health effects of air pollution – *Respiratory hospitalization among children in Hanoi*



## Monitoring station data:

- Air pollutant (NVC, LH)
- Meteorological data (BV, L, ST, HD)

## Health endpoint:

- Pneumonia
- Bronchitis and asthma



## An IQR increase:

### *Pneumonia*

### *Bronchitis and asthma:*

	PM <sub>10</sub>	PM <sub>2.5</sub>	PM <sub>10-2.5</sub>	NO <sub>2</sub>	NO <sub>x</sub>
<i>Pneumonia</i>	▲ 5.8%	▲ 5.3%	▲ 5.7%	▲ 6.1%	▲ 4.6%
<i>Bronchitis and asthma:</i>	—	—	▲ 5.8%	▲ 5.5%	▲ 5.6%

# Health effects of air pollution –

## *Length of hospital stay due to respiratory diseases of children in Ha Noi*

	0-5	0-1	2-5
PM <sub>10</sub>	–	–	▼ 6%
PM <sub>2.5</sub>	–	–	–
PM <sub>1</sub>	–	–	–
SO <sub>2</sub>	▲ 6.9%	▲ 9.5%	–
NO	▲ 2.6%	–	–
NO <sub>2</sub>	–	–	–
NO <sub>x</sub>	–	–	–
CO	▲ 3.1%	▲ 2.8%	–
O <sub>3</sub>	▼ 5.0%	▼ 5.0%	–

*% change of odds of discharge per an IQR increase of air pollutant from lag 1-4*

### Monitoring station data:

- Air pollutant (NVC, LH, USE)
- Meteorological data (BV, L, ST, HD)

### Health endpoint:

- *Acute lower respiratory infection* = Pneumonia + Bronchitis

# Health effects of air pollution – Cardiovascular admission among adults in Ha Noi, Phu Tho, and Quang Ninh

## Monitoring station data:

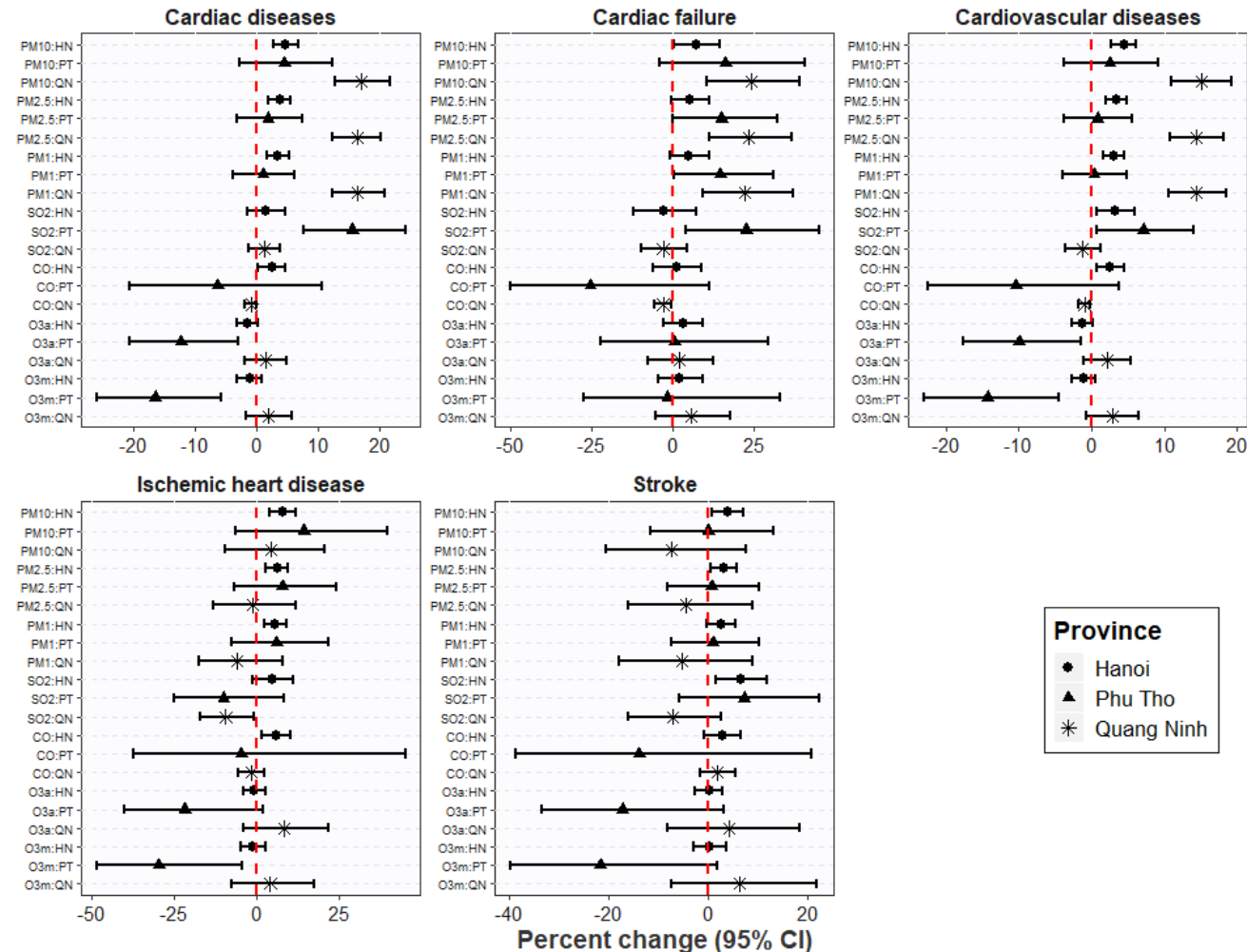
- Air pollutant (NVC, LH, **USE**)
- Meteorological data

## Health endpoint:

- **CVD** (I00-I99)
- **Cardiac diseases** (I00-I059, I97.1, I98.1)
- **Cardiac failure** (I50)
- **IHD** (I20, I21, I22, I24, I25.2)
- **Stroke** (I60-I66, I67 (except I67.0, I67.3), I68 (except I68.0), I69))

## Associations between hospital admissions and ambient air pollutants

in Hanoi (2011-2016), Phu Tho (2013-2015) and Quang Ninh (2014-2016)

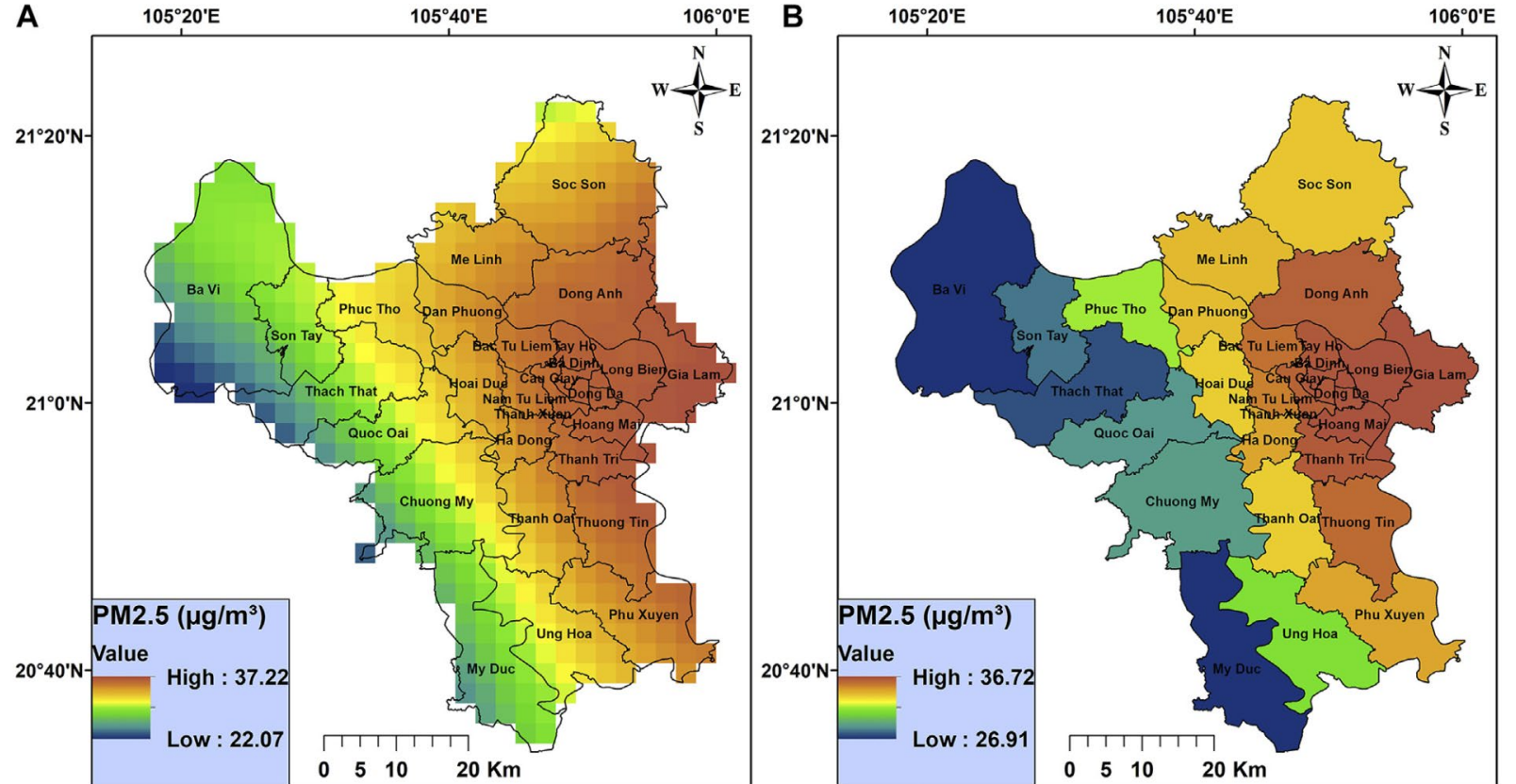


## Province

- Hanoi
- ▲ Phu Tho
- \* Quang Ninh

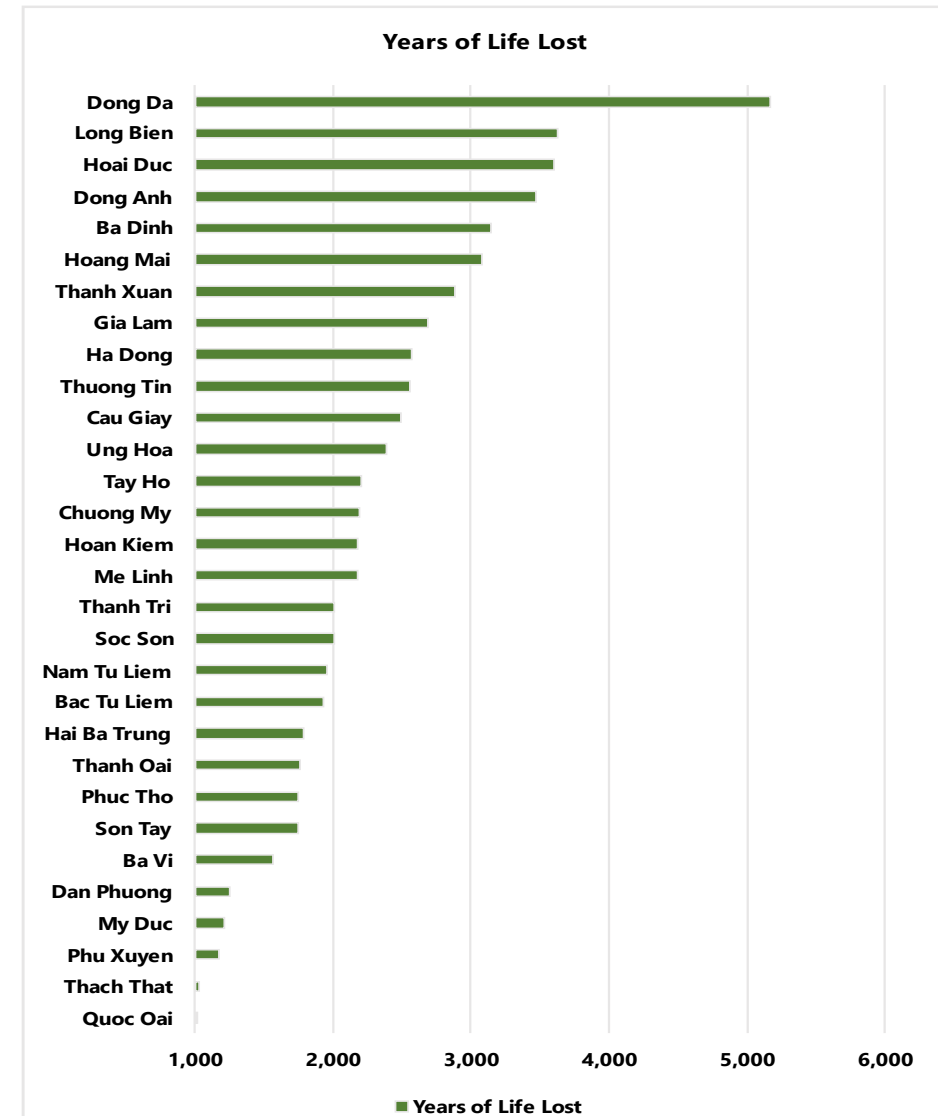
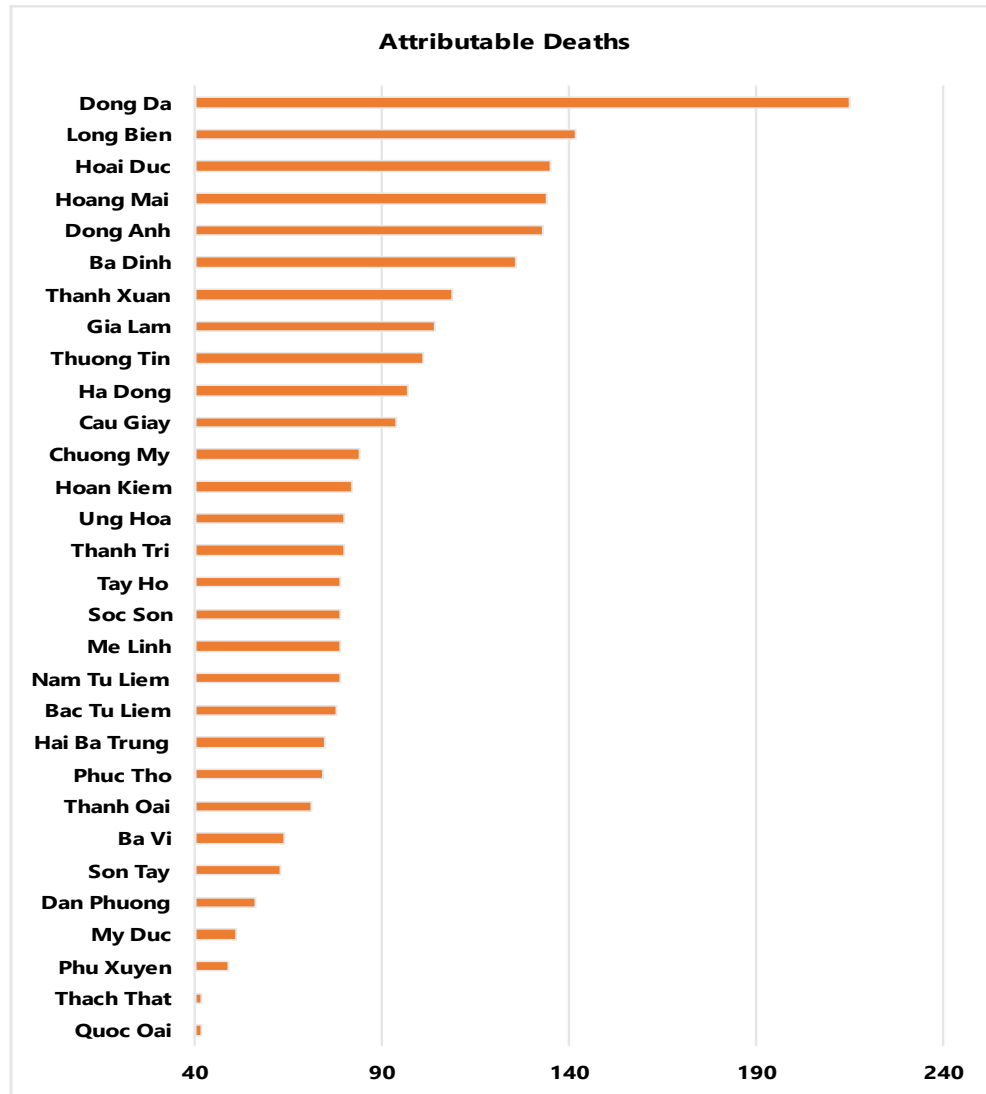
# Health burden of air pollution – *Mortality attributed to PM<sub>2.5</sub> in Ha Noi, 2017*

Attributable deaths  
and years of life lost  
were highest in Dong  
Da.  
Loss of life  
expectancy were  
highest in Gia Lam.



*Annual average fine particulate matter concentration map at (A) 3 × 3 km resolution and (B) district level (Hanoi, Vietnam, 2017*

# Health burden of air pollution – *Mortality attributed to PM<sub>2.5</sub> in Ha Noi, 2017*



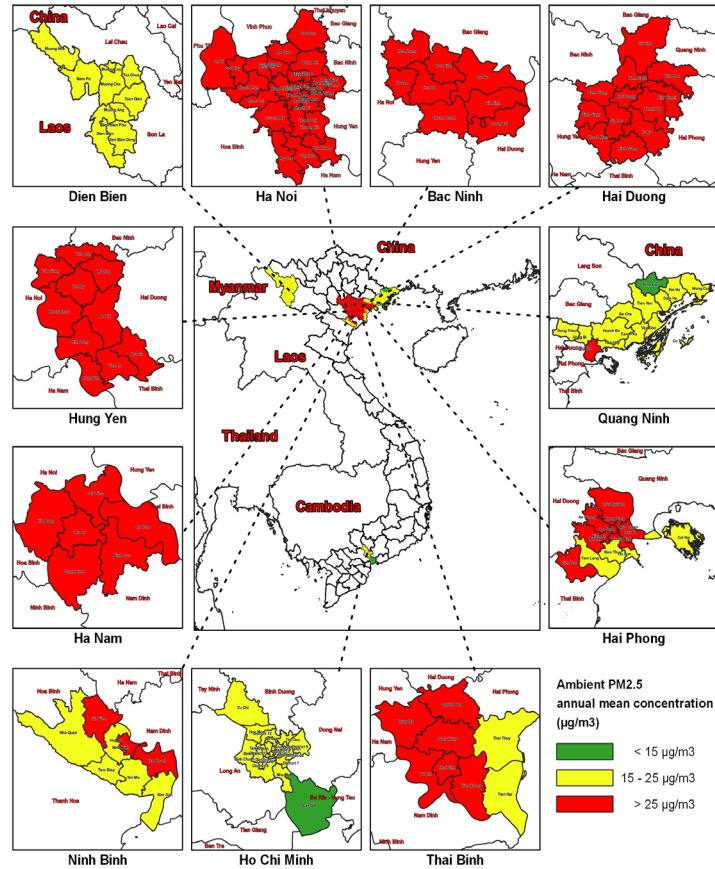
*The annual burden of mortality relating to exposure to fine particulate matter (Hanoi, Vietnam. 2017). Counterfactual level is the QCVN 05:2013 (25 µg/m<sup>3</sup>)*



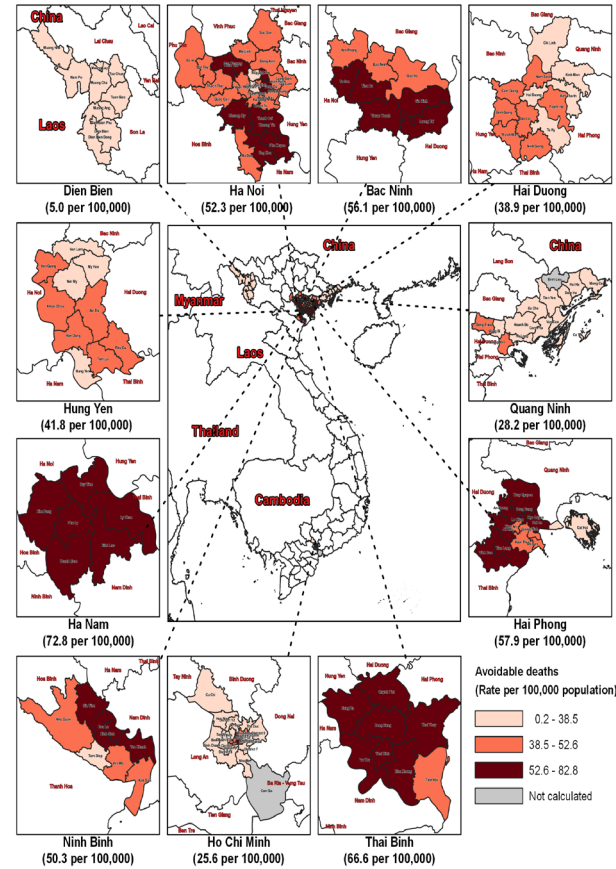
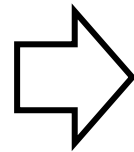
# Health burden of air pollution – Mortality attributed to PM<sub>2.5</sub> in 11 Vietnamese provinces, 2019

Attributable deaths (rate per 100,000) between the calculation by Log-linear model in AirQ+ and the calculation by GEMM for each province.

Province's name	Attributable deaths (Rate per 100,000 population) by Log-linear model in AirQ+	Attributable deaths (Rate per 100,000 population) by GEMM
Ha Noi	103.7	63.2
Bac Ninh	118.8	69.1
Hung Yen	79.3	52.5
Ha Nam	132.8	95.1
Hai Duong	70.5	51.1
Thai Binh	115.2	93.4
Hai Phong	103.7	81.9
Ninh Binh	95.4	77.1
Ho Chi Minh	53	45.3
Quang Ninh	59.7	52.5
Dien Bien	46.6	37.0



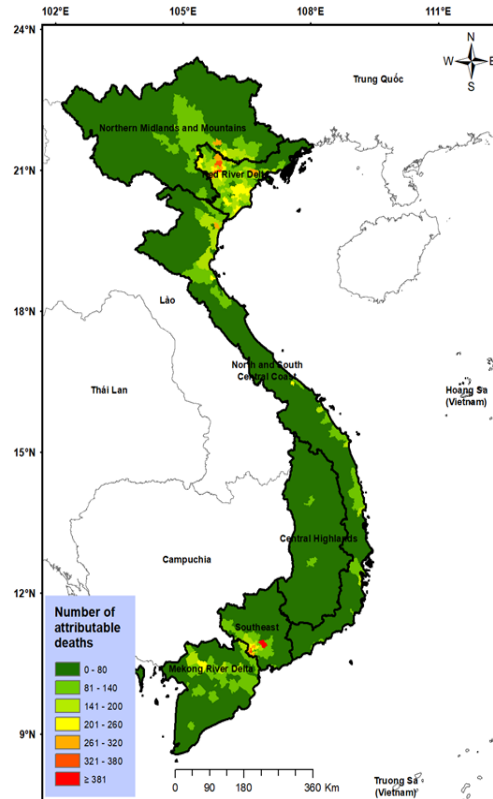
PM<sub>2.5</sub> concentrations by districts in the 11 study region provinces of Vietnam, 2019



Attributable deaths (expressed in rate per 100,000 population) by districts in 11 provinces in Vietnam due to PM<sub>2.5</sub> concentrations above the proposed QCVN (15 µg/m<sup>3</sup>) 2019.

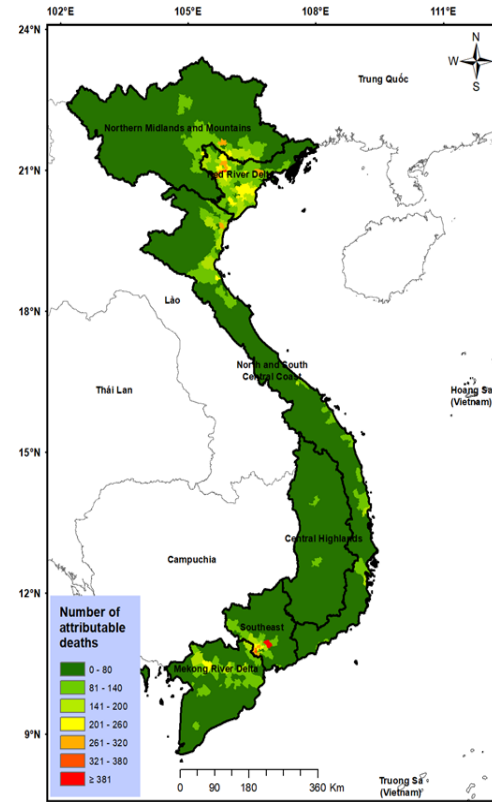
Compliance with WHO guidelines (5µg/m<sup>3</sup>) could have helped avoiding at least 222 premature deaths (Dien Bien) and could have reached 5,090 deaths (Ha Noi).

# Health burden of air pollution – Avoidable mortality in Vietnam attributed to COVID-19 preventive measures



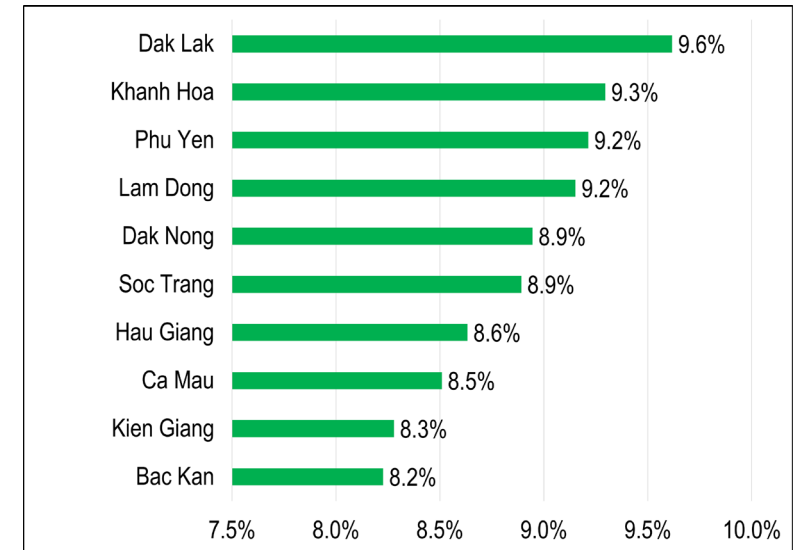
**56.808**  
premature  
deaths  
attributed to  
PM<sub>2.5</sub> (9,9%)

Number of premature deaths attributed to PM<sub>2.5</sub> in 2019 in Viet Nam (using 2019 concentration)



**52.993**  
premature  
deaths  
attributed to  
PM<sub>2.5</sub> (9,2%)

Number of premature deaths attributed to PM<sub>2.5</sub> in 2019 in Viet Nam (if 2021 concentration had been met)



*List of 10 provinces with the highest percentages of potentially avoidable premature deaths if PM<sub>2.5</sub> control measures had been implemented*

# Health effects of air pollution – Respiratory hospitalization among children in Hanoi –

## 2018 study

- 1 hospital in Hanoi
- 2007 - 2014

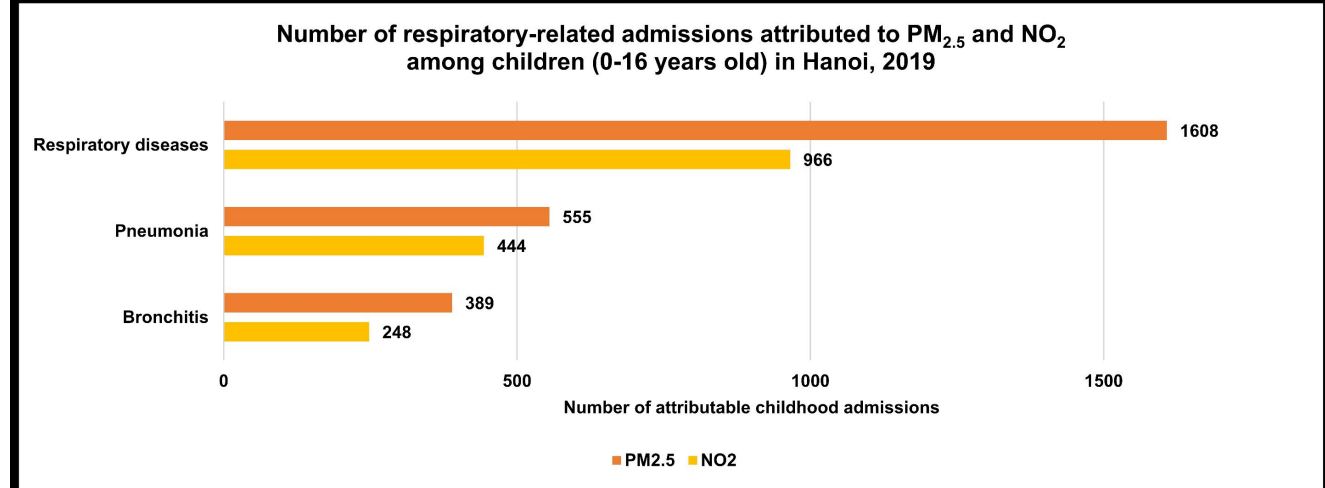
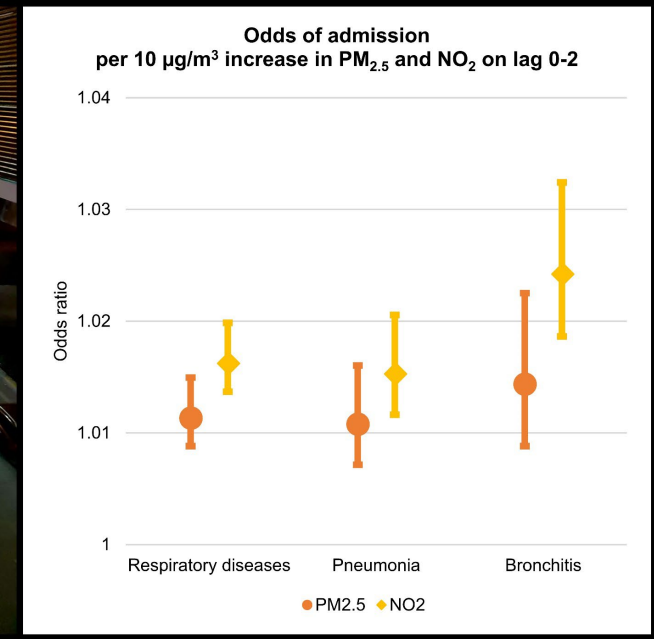
## 2023 study

- 14 hospitals in Hanoi
- 2007 – 2019
- Assess the attributable number

**Phase 1:** Estimate the effect of air pollutants on childhood admissions

**Phase 2:** Assess the number of hospitalization attributed to air pollutants

The effect of PM<sub>2.5</sub> and NO<sub>2</sub> on childhood respiratory admission remains **significant**, even after adjusting for other pollutants



# Vietnamese policies for air quality management



- In 2013, National Technical Regulation on Ambient Air quality was born (denoted as **QCVN 05:2013**).
- In 2016, government issued **Decision No 985a/QĐ-TTg**: “National Action Plan on air quality management by 2020 including a vision for 2025”
  - Focusing on emissions control and ambient air quality monitoring

Environmental Law 2020

# Vietnamese policies for air quality management



- In 2021, many legal documents were born:
  - **Directive No 03/CT-TTg** on enhancing air quality management.
  - **Decision No 1973/QĐ-TTg** "National Action Plan on air quality management during 2021-2025". This document enhanced the previous goal and focus on research to provide information via early warning system.
  - **The Official Dispatch No 3051/BTNMT-TCMT** on the technical guidelines of building air management plan at provincial level → Emphasized the importance of **Health Impact Assessment of air pollution** and recommended using AirQ+

# Vietnamese air quality standard and WHO guidelines

		QCVN 05:2013 ( $\mu\text{g}/\text{m}^3$ )	WHO air quality guidelines (2005) ( $\mu\text{g}/\text{m}^3$ )	WHO air quality guidelines (2021) ( $\mu\text{g}/\text{m}^3$ )
<i>PM</i> <sub>2.5</sub>	Annual average	25	10	5
	24-hour average	50	25	15
<i>PM</i> <sub>10</sub>	Annual average	50	20	15
	24-hour average	150	50	45
<i>O</i> <sub>3</sub>	8-hour average	120	100	100
<i>NO</i> <sub>2</sub>	Annual average	40	40	10
	24-hour average	100	–	25
<i>SO</i> <sub>2</sub>	24-hour average	125	20	40
<i>CO</i>	24-hour average	–	–	4



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## Conclusion

- Crowded cities and provinces, with high concentration of air pollution, experienced heavy burden of mortality and morbidity attributed to PM<sub>2.5</sub>.
- Hanoi Children are highly susceptible to air pollutants. More than 1000 childhood respiratory admission attributed to ambient PM<sub>2.5</sub> in 2019.

## Next?

- Data of concentration of other pollutants such as NO<sub>2</sub>, CO<sub>2</sub>, SO<sub>2</sub>, back carbon, Noise and Light
- Length of data: more than 10 years for any long-term effect investigation
- Resolution (small scale)



Thank you  
for  
listening

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